May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Comfort Rounds 2:15 Social Cart 3:30 Praise & Inspiration 6:15 iPad Games May Day	**2** **10:15 Physic Stretch** 10:30 Sensory Fingers 2:15 Outdoor Lawn Games **7:00 T.V BINGO**	**3** **10:15 Physic Stretch** 10:30 Bowling 2:15 Crafts 6:15 1:1 Tuck Cart	**4** **10:15 Physic Stretch** 10:30 Restorative Walks 2:15 Garden Club 6:15 Audible Book Club	**5** Happy Cinco De Mayo **10:15 Physic Stretch** 10:30 Morning Prayer with Reverend Kim Van Allen 2:15 Shuffleboard -Mexican Theme/ Colouring and facts 6:15 Fellow Relaxation Cinco de Mayo	**6** 10:00 Dance Aerobics 10:30 Men's Group 2:15 Group Trivia TV Lounge (Trivia DVD's) 6:15 Restorative Walks	**7** 10:00 Restorative Walks 2:15 Ring Toss/Bean Bag Toss 6:30 Movie Night
8 **HAPPY MOTHERS DAY** **10:00Ladies Hair/Manicures** **2:15 Social Cart** (mother's day) **3:30 Berea By The Water Lutheran Church** **6:15 Fellow Relaxation** Mother's Day	**9** **10:15 Physic Stretch** 10:30 Sensory Stim 2:15 Outdoor Lawn Games 6:15 Restorative Walks	**10** **10:15 Physic Stretch** 10:30 Comfort Rounds 2:15 Ring/BeanBagToss 6:15 1:1 Tuck Cart	**11** **10:15 Physic Stretch** 10:30 Restorative Walks 2:15 Garden Club 6:15 Audible Book Club	**12** **10:15 Physic Stretch** 10:30 Shuffleboard 2:00 Devotional Time 6:15 Restorative Walks	**13** 10:00 Dance Aerobics 10:30Balloon Volleyball 2:15 Group Trivia TV Lounge (Trivia DVD's) 6:15 Restorative Walks	**14** 10:00 Restorative Walks 2:15 Pub Afternoon & Music 6:30 Movie Night
15 10:00 Comfort Rounds 2:15 Social Cart 3:30 Gaither Gospel (ch72) 6:15 iPad Games	**16** **10:15 Physic Stretch** 10:30 Sensory Fingers 2:15 BINGO 6:15 Fellow Relaxation	**17** **10:15 Physic Stretch** 10:30 Bowling 2:15 Crafts 6:15 1:1 Tuck Cart	**18** **10:15 Physic Stretch** 10:30 Restorative Walks 2:15 Garden Club 6:15 Audible Book Club	**19** **10:15 Physic Stretch** 10:30 Bake Cookies in TV Lounge for Bday Par. 2:15 Birthday Party 6:15 Fellow Relaxation	**20** 10:00 Dance Aerobics 10:30 Men's Group 2:15 Group Trivia TV Lounge (Trivia DVD's) 6:15 Restorative Walks	**21** 10:00 Restorative Walks 2:15 ICE CREAM SUNDAYS 6:30 Movie Night Armed Forces Day
22 10:00Restorative Walks 2:15 Social Cart 3:00 Lakeshore United Church 6:15 Fellow Relaxation	**23** **10:15 Physic Stretch** 10:30 Sensory Stim 2:00 STAFF MEETING 6:15 Restorative Walks Victoria Day (Canada)	**24** **10:15 Physic Stretch** Welcome to the 50's Lets all dress up! 10:30 50's theme Trivia Facts & Music & Games 2:15 Grease Movie 6:15 1:1 Tuck Cart	**25** **10:15 Physic Stretch** 10:30 Restorative Walks 2:15 Garden Club 6:15 Audible Book Club	**26** **10:15 Physic Stretch** 10:30 Shuffleboard 2:00 Devotional Time 6:15 Fellow Relaxation	**27** 10:00 Dance Aerobics 10:30Balloon Volleyball 2:15 Group Trivia TV Lounge (Trivia DVD's) 6:15 Restorative Walks	**28** 10:00 Restorative Walks 2:15 Ring Toss/Bean Bag Toss 6:30 Movie Night
29 10:00 Comfort Rounds 2:15 Social Cart 3:30 Bethel Pentecost 6:15 iPad Games	**30** **10:15 Physic Stretch** 10:30 Nursing Decorating for June.. 2:15 BINGO 6:15 Fellow Relaxation Memorial Day	**31** **10:15 Physic Stretch** 10:30Ring/BeanBagToss 2:15 Resident Council 6:15 1:1 Tuck Cart				

Any Questions please see the Program Manager... Judy Peat