



Maitland Manor

February 2023



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Maitland Manor LTC

Bringing back Breakfast Club!

We are bringing back breakfast club for the residents at Maitland Manor on Tuesday mornings. Please see the Activity Calendar for the selected home locations.

January 31—North Ladies

February 14—North Men

February 7—South Ladies

February 21—South Men

February is Black History Month

Black Canadians and their communities have been a part of shaping Canada's heritage and identity since the arrival of Mathieu Da Costa, a navigator, and interpreter, whose presence in Canada dates back to the early 1600s.

The role of Black Canadians and their communities in Canada has largely been ignored as a key part of Canada's history. There is little mention that some of the Loyalists who came here after the American Revolution and settled in the Maritimes were people of African descent, nor the fact that many soldiers of African descent made many sacrifices in wartime as far back as the War of 1812.

Few people in Canada are aware of the fact that African people were once enslaved in the territory that is now known as Canada, or of how those who fought enslavement helped to lay the foundation of Canada's diverse and inclusive society.

Significant Events in Black Canadian History

North America's First Race Riot (1784)

The Underground Railroad (1815-1860)

Hogan's Alley (1900-1960)

Ontario Passes Anti-Discriminatory Acts (1944)

Apology for Destroying Africville (2010)



Our deepest sympathy
is extended to the families of
Wayne M.



Resident Council Meeting

February 20, 2023

At 2pm

Poplar Dining Room

SPECIAL EVENTS

Feb 1—Pet Therapy with Beau

Feb 2—Groundhog Day

Feb 3—National Wear Red Day

Feb 4—Armchair Travelogue: Pennsylvania

Feb 8—Valentine's Day Card Craft

Feb 10—Pub Night and Music

Feb 13—Music with Ron Allin

Feb 14—Valentine's Day Social, Wear Pink Today!

Feb 15—Pet Therapy with Beau

Feb 16—Birthday Party, Treats, and Games

Feb 17—Reminiscing with Vintage Photos

Feb 18—Armchair Travelogue: New Orleans

Feb 21—Mardi Gras

Feb 27—Friendly Feud